

# SUPERHEROES

## AQUATICS

OF  
SUMMER  
2025





# WELCOME TO ARPD AQUATICS: MISSION STATEMENT

**Our mission is to remove barriers, create equitable opportunities, and build a vibrant, water-confident community where all can thrive.**

**We believe in "Aquatics for All," ensuring everyone has access to safe and inclusive aquatic experiences. We foster a lifelong appreciation for aquatic activities through high-quality programs, community partnerships, and a strong focus on water safety and skill development.**



# WELCOME TO ARPD AQUATICS FACILITIES:

## Current Pools:

### Encinal Swim Center:

- 1 9-lane lap pool for lessons, lap swim, rentals, water polo, and camps
- 1 - Training pool for swimming lessons

## Pool In Construction:

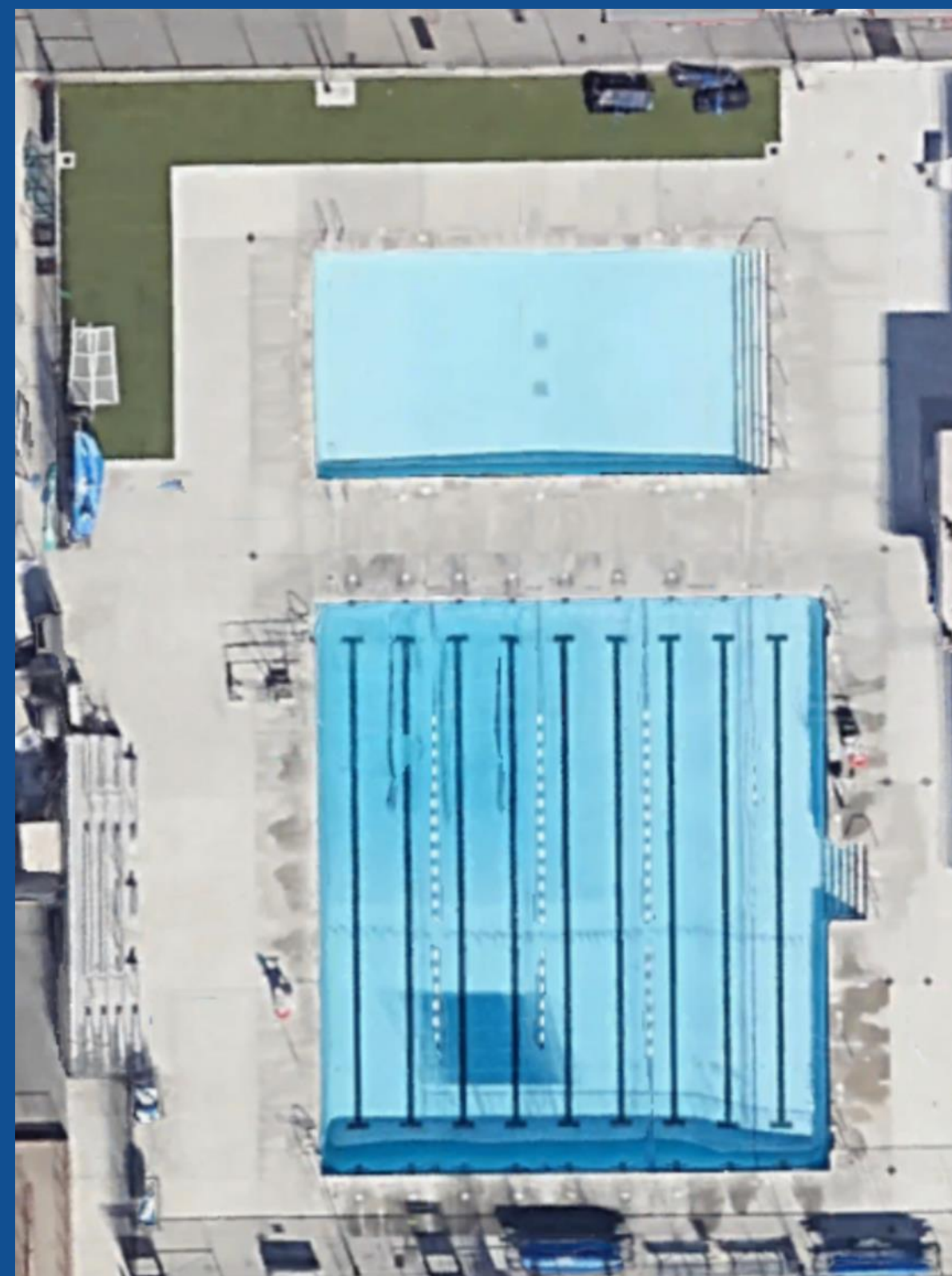
### Emma Hood @ Alameda High School:

- 1 11-lane lap pool for lap swim, deep water aerobics, rentals, water polo, advanced lessons, and camps
- 1 4-lane pool for lap swim, lessons, and classes

## Pool in Design:

### Alameda Aquatics Center:

- 1 11-lane lap pool for lap swim, deep water aerobics, rentals, water polo, advanced lessons, and camps
- 1 3-lane zero-entry pool for lap swim, lessons, and classes

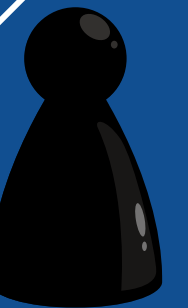
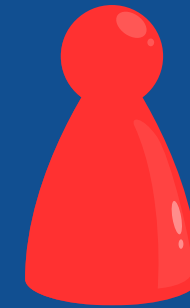
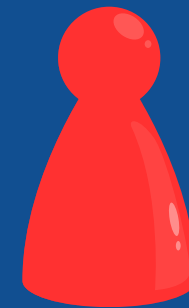
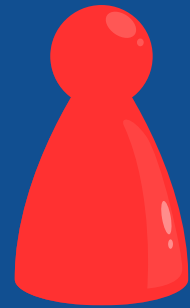
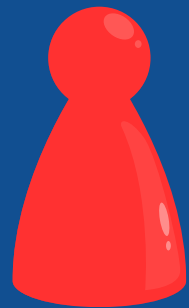
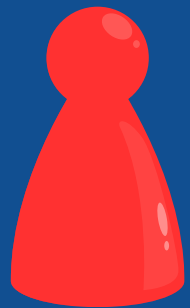
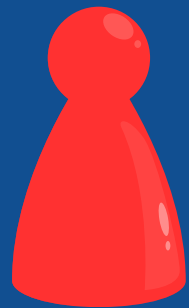
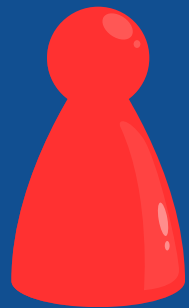
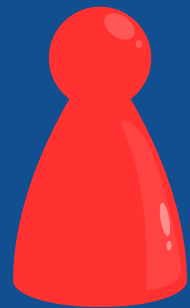
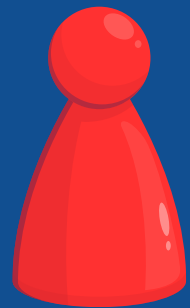
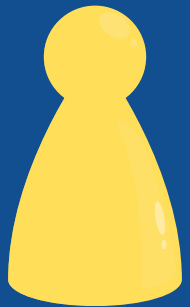




# STAFF



Full-Time Staff

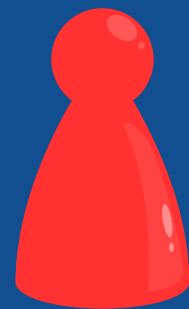


5 Year Round 3 added for summer

Pool Managers



Lead/LIT



Lifeguard/AI

x10-12



Front Desk

x3



Interns

x20-25



# WE CARE ABOUT YOUR SAFETY

## Quick Response Drills CPR First Aid



## Lifeguard Training

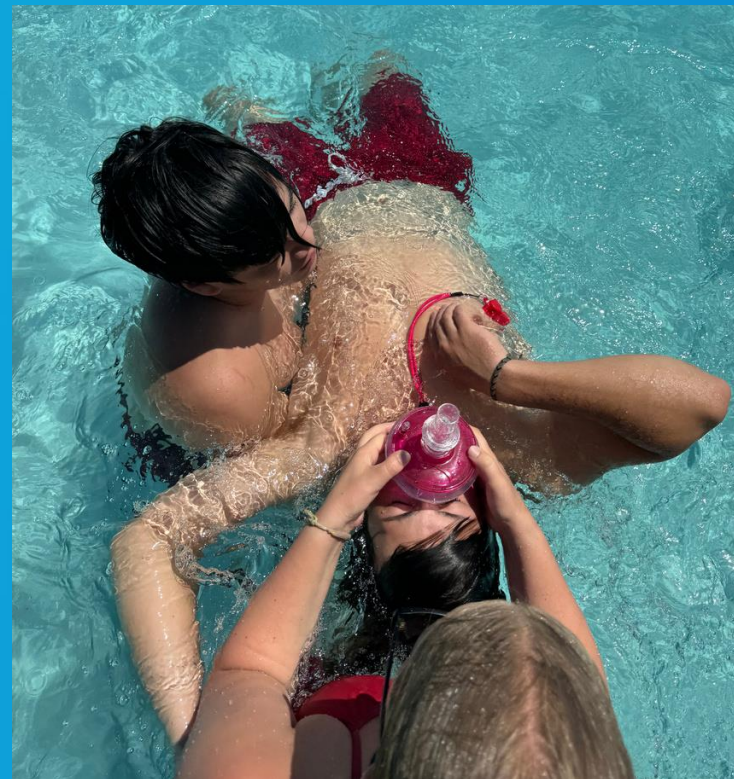
Teamwork-Oriented  
Training for Advanced Lifeguards



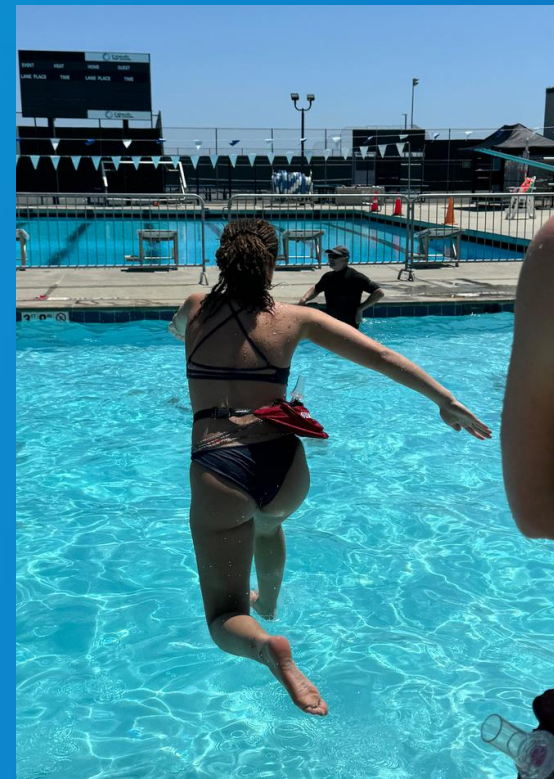
Spinal Management



Workplace Safety and Health



In- Water Ventilations



Rescue Skills

Endurance





# ENCINAL SWIM CENTER

## LAP SWIM

Water Walking available during lap swim

# Sunday-Saturday

# Updated Schedule



Fitness swim passes:

Go to our website to get your Aquatics Fitness Punch Pass

SR \$30 SNR \$40 R \$50 NR \$60



# FAMILY SWIM





# SWIM LESSONS

A high-angle photograph of a woman with dark hair in a blue swimsuit teaching a young child in a red and white patterned swimsuit to swim in a pool. The woman is supporting the child from behind, and both are in the water. The background is a bright blue sky.

SINCE SUMMER 2024

9,408

RESIDENTS

SINCE SUMMER 2024

1,563

NON-RESIDENTS

SINCE SUMMER 2024

10,971

PEOPLE SERVED



## SWIM LESSONS

# ADAPTIVE LESSONS:



Our Adaptive Aquatic Lessons offer a supportive environment for all abilities to learn swimming. Whether new to the water or improving skills, our certified instructors use specialized techniques to meet each participant's needs, ensuring a safe experience.

With a focus on water safety, confidence, and skill development, we customize lessons for various challenges, creating an inclusive space where everyone can enjoy swimming at their own pace.



# SWIM LESSONS AGES

2 months-3 years old

## Star Babies



This course is designed to help children feel comfortable in the water while educating parents and caregivers on water safety and drowning prevention. It does not focus on teaching children to swim independently or survive in the water but instead provides a fun, supportive experience that builds confidence.

Each child must be accompanied by an adult in the water.

## 3-6 years old Star Tots



This course builds confidence in the water and prepares children for swimming. It introduces functional swim skills through engaging and playful water activities for those who are developmentally ready. This level has no prerequisites, and students will be assessed on the first day. The program focuses on developing five core competencies, allowing each child to progress at their own pace in a supportive yet challenging environment.





# STARFISH AQUATICS



## SWIM SCHOOL

Students develop five core swimming competencies and earn color stage awards for each achievement. These stages categorize students into broad ability groups, allowing them to progress at their own pace while learning core skills and advanced strokes. Learning is self-paced yet challenging.

**For Youth:** Students focus on developing self-rescue swimming skills through appropriate activities, maintaining a self-paced and challenging environment.

**For Teens and Adults:** This course enhances comfort and skill in the water, regardless of prior experience, prioritizing functional self-rescue skills and adult learning principles.





# STARFISH AQUATICS

## STROKE SCHOOL

**AGES: 6-ADULT**



**This program is for students of all ages who have achieved the green Swim School benchmarks. Students learn stroke techniques for freestyle, elementary backstroke, sidestroke, backstroke, butterfly, and breaststroke and develop endurance and water fitness.**





# SUMMER AQUATIC CAMPS



**Mer-Person**  
**Edna's Workshop**  
**Heroes vs Villains**  
**Shrek**  
**Aqua Sports**  
**Percy Jackson**  
**Camp Neverland**  
**Aqua Eco**  
**Wild West Coast**  
**Aqua Undercover**  
**Aqua Fashion**  
**Camp Royal**  
**Intro to Water Polo**  
**Intro to Diving**

**Cardboard  
Boat Camp**

**Kayaking  
&  
Paddle-boarding**

**Pirates  
Aqua Drama**

**Intro to Swim Team  
Triathlon Camp**

**Splish, Splash Storytime**



# Summer-Partnerships

## Local Non-Profits

Aca-Non Verba

Alameda Point Collaborative

Alameda Family Services



## CAMP ON-THE-WATER

Gear up for an exciting week filled with water adventures! Campers will dive into a fantastic mix of kayaking, paddleboarding, and creative challenges that are sure to inspire. Mornings will be all about mastering the water—whether you're paddling in a kayak or standing tall on a paddleboard, our excellent Stacked Adventures staff will guide you every step of the way. We'll have fun at the pool in the afternoons, where various enjoyable activities await to fill our day!

**JUNE 23-27**

**AGES 8-13**

**ON-THE-WATER:**  
**BOAT CAMP**

**R\$545/NR\$575**  
**29119**  
**9AM-4PM**

**JULY 7-11**

**R\$595/NR\$625**

**AGES 8-13**

**29121**

**9AM-4PM**

**ON-THE-WATER ECO CAMP**

**AGES 8-13**  
**R\$495/NR\$525**  
**29112**  
**9AM-4PM**

**JULY 1-3,5**

**ON-THE-WATER:**  
**SPORTS CAMP**



# AQUATIC INTERNS



Intern  
Applications  
Now Open



The Aquatic Intern Program is designed for youth (12-15 years old) interested in becoming lifeguards and Aquatic Instructors (AI) but still need to meet the minimum age requirements. This program will help prepare participants to apply for and work as professional lifeguards and AI once they meet the age requirement. All participants will help to protect the lives and well-being of each person using the pool and to teach swim lessons at our facilities.

## MINIMUM REQUIREMENTS:

- Must be 12 - 15 years old
- Must have a 2.5 GPA or higher
- Be able to swim at a Red Cross Level 4 standard or above (pass the swim assessment test)
- Unofficial Transcript
- Letter of Recommendation(s):
- **REQUIRED: ONE (1)** recommendation from a personal (ex. parent, sibling, friend) or professional (ex. teacher, coach, office admin) reference
- A cover letter explaining the following:
- Why you should be chosen for this program and
- What you hope to learn from this opportunity





# AQUATIC EVENTS

Family Swim

Crafts

SUMMER 2023 DIVE-IN MOVIE



**Princess and the Frog**

Friday, July 14, Encinal Swim Center Doors Open at 6:30 pm.  
Registration Will Open on July 1st. Celebrate and play in the pool while watching the movie in the water. Family Swim starts at 6:30. Enjoy crafts and other dry activities or play in the pool the whole time. A deep-end pool test will be offered as well. Lifeguard will be on site for safety. Please bring your floats, rafts, and rings. The movie will be started at 8:15-8:45 pm, depending on the darkness. Snacks and food are available. Bring your chairs and blankets.

Public swim rules will be enforced

Games



## Dive-In Movies

JOIN ARPD THIS SUMMER FOR OUR ANNUAL DIVE-IN MOVIE!  
WE WILL BE WATCHING SKY HIGH!



\*Registration fee: \$15.  
DOORS OPEN AT 6:30P,  
MOVIE STARTS AT 8:30P

**SKY HIGH**  
July 18th, 2025



HARRY POTTER  
AND THE SORCERER'S STONE  
DIVE-IN REGISTRATION  
STARTS AT 3 PM ON JULY 1ST

Please bring your own floats, rafts, and rings. The movie will be started 8:15-8:45 pm depending on the darkness. Snacks and food are available. Bring your own chairs and blankets. The price is \$10 per person.



**Lilo and Stitch**  
Dive-In Movie  
July 19th, 2024

\*Registration fee: \$15.  
#26639  
DOORS OPEN AT 6:30P,  
MOVIE STARTS AT 8:30P

6:30 to 9pm  
100 People



# AQUATIC EVENTS

## Water Safety Month

Website  
Social Media  
Events  
Giveaways

Trainings  
Family Days  
Online Classes

Alameda Recreation and Parks Dept. & Sigma Gamma Rho Sorority Inc. of Northern Ca

**Saturday, May 3rd 2025**

**Aquatics For Everyone**

Two Hour Sessions between 10am-6pm

**A FREE Water Safety Clinic**

Swim Lessons ★ CPR ★ Drowning Prevention ★ First Aid

Encinal Swim Center  
230 Central Ave, Alameda, CA

Ages 2+

Register via QR Code or visit us online:  
<https://www.alamedaca.gov/Departments/Recreation-Parks/Aquatics/Aquatic-Events>

Pre-Registration Recommended

Contact: [ArpdAquatics@alamedaca.gov](mailto:ArpdAquatics@alamedaca.gov)

**Games!  
Prizes!  
Raffle!  
Vendors!**

**we sigma together**  
WESTERN REGION

**Arpd**

**AQUATICS DAYS** **Free**

**COME JOIN IN THE FUN**

**April 6 and 7, 13 and 14 and June 1 and 2**

Registration Opens for Evaluation on April 1

Evaluations for Swim Programs, Q&A for Aquatic Programs, and Register for Summer Swim Lessons

Encinal Swim Center and Emma Hood

425  
People



# AQUATIC EVENTS

Games



Family Swim

Crafts



# 480 People



# AQUATIC EVENTS



Family Swim and  
Lap Swim Time Slots

Lap Swim Starts at 7:30am-12pm

Lap Swim Starts at 10am-12pm

30 min time slots



120 People





# AQUATIC EVENTS



December 15





# AQUATIC EVENTS

## New Events



**Snowman** Family  
Pool games,  
winter crafts,  
contests, hot coco  
plus much more  
February 24, 2024  
12 pm-2 pm  
Emma Hood Swim Center  
Space Limited  
Registration open now  
\$15 per  
person



Come after the parade and make a splash with us from 2:00 PM to 5:00 PM! Celebrate Independence Day with a fun-filled afternoon at the pool. Enjoy exciting games, music, delicious food, and plenty of poolside fun. Must pre-register to attend.

**4<sup>th</sup> of July**  
**SWIM**  
**2-5PM**



\*Registration fee: \$15.





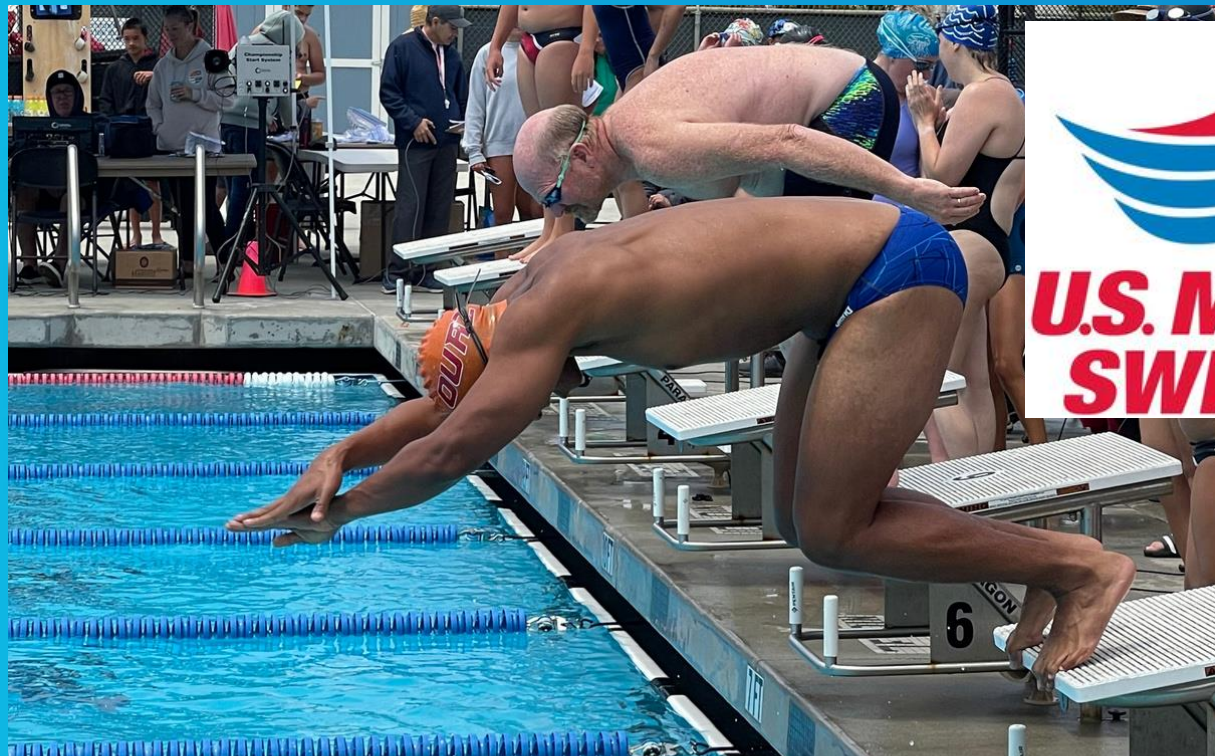
# SWIMMING POOL RENTALS



Organizations we have hosted:  
Saint Joseph Notre Dame High School  
Laney College  
Doer Marine  
Joe Stack Adventures

**Alameda Gators**

**500 Users**



**Alameda  
Masters**



**Alameda  
Water Polo  
Club**



**MEOW/MEMO**





# LIFEGUARD GAMES



1



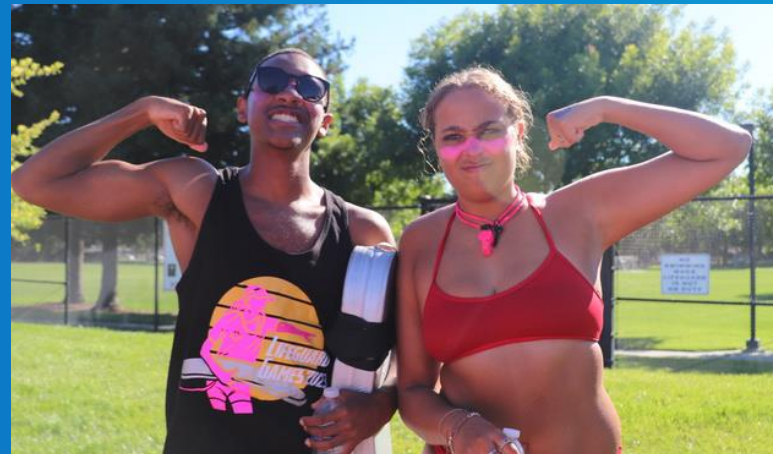
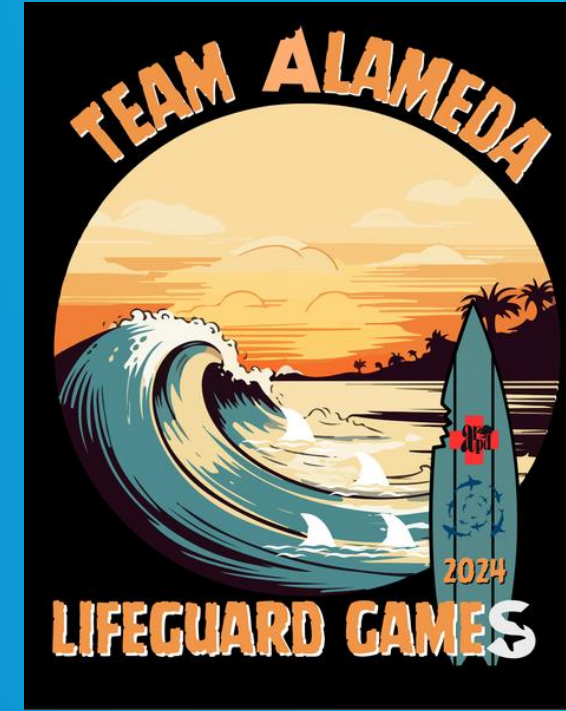
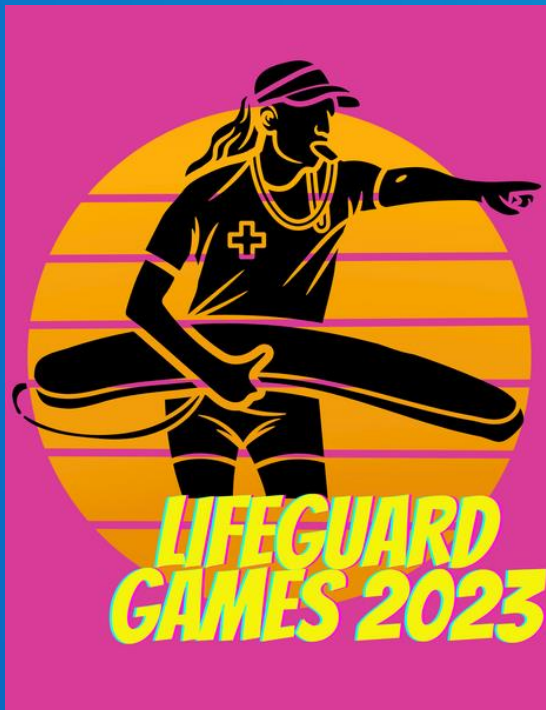
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9



4



## TEAM ALAMEDA







**Earth Day Events and Games**  
**Petting Zoo**  
**Reptile Station**  
**Superhero/Villain Training**  
**plus much more!**



**Currently 75 Vendors**  
**Last year 3,000**  
**People**

**Summer Swim Lessons are open that day and**  
**you can register at the event**





**Aquatic  
Website**



**Intern**



**Job**



**Camp**



# Summer Aqua Camps

## Register Now

### Swim Lessons



ARPD Aquatics@alamedaca.gov  
510-747-7529  
www.alamedaca.gov/recreation

**Parks  
Make  
Life  
Better!**

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