# SENIOR LIVING INITIATIVE ALAMEDA (SLIA)

#### **PURPOSE:**

The purpose of the Senior Living Initiative Alameda (SLIA) is to encourage and support development of a range of quality senior housing options in Alameda. We support the development of affordable senior housing and universal design standards and also seek a new city priority for increasing housing options for all seniors of every income level- especially Continuing Care Retirement Communities (CCRCs or Life Plan Communities- see definition below).

#### NEED:

Alameda currently has **no** CCRCs (nor has it yet adopted Universal Design standards). In fact, in contrast to other metro areas, there is a dearth of full service CCRCs in the entire Bay area. Many middle-income seniors are realizing they will need to move out of Alameda to find acceptable housing choices in which to age in place.

#### IMPACT:

Forward thinking communities in other areas have realized that in addition to enriching the culture of a community, a vital senior population offers significant economic benefits because of its low impact on city services, traffic, and schools. The stable incomes of middle income retirees also have positive impact during economic downturns.

Together we are forming the Senior Living Initiative to support the development of quality senior housing options and related programs in Alameda.

### Notes:

<u>CCRC</u> - Continuing Care Retirement Communities, now often referred to as "Life Plan Communities", normally provide all levels of care-- from vibrant independent living in cottages or apartments through assisted living, memory care and skilled nursing care, on one site. Nationwide these communities are highly valued since many seniors want to stay within their community, moving from their homes just <u>once</u> to an attractive independent living community that will accommodate possible future needs for higher levels of care.

<u>Universal Design</u> – The Universal Design Ordinance now moving through the approval process is intended to facilitate the development of residential dwelling units that are usable and safe for occupancy by persons with disabilities and that support aging in place. These requirements will apply to all new housing and include accessibility for visitors and the standard that 30% of new multi-housing developments be fully accessible for residents (No steps or barriers to living on the first floor with a bedroom and full bath). When this excellent ordinance is adopted Alameda will be a state wide leader.

## **Initial Organizing Committee for SLIA:**

Audrey Lord-Hausman, Alameda Commission on Disability Issues- 2 term member (Ret.) (alordhausman@att.net)

Laureen Moyer, Episcopal Priest, Christ Episcopal Church

Honora Murphy, Founding Board member, Alameda Free Library

Nan Rideout, V.P. NC Foundation for Advanced Health Programs (Ret.) (nanrideout@aol.com)

Karen Roemer, Alameda High School Librarian (Ret)

Liz Rogers, Medical Social Worker (Ret.)

Li Volin, League of Women Voters

Submitted by Nan Rigeont 2.16.17 (rev.)