

Alameda Medical Respite and Wellness Center

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Alameda Point Collaborative

- Established in 1999 with homeless accommodation at Alameda Point
- Provides Housing and Services for 500 formerly homeless residents, primarily survivors of domestic violence, veteran and families with disabilities
- 95% of clients served by APC successfully retain housing

Opportunity

Alameda Point Collaborative and Project Partners have applied to and received conditional approval from the US Department of Health & Human Services through a homeless accommodation request to:

- Acquire, develop and transform a 3.65 acre property adjacent to Alameda's Crab Cove
- Create a Center to serve medically vulnerable, aging adults experiencing homelessness

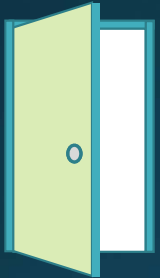
Proposed Continuum of Resources

Alameda County - Homeless Residents/Medically Complex Conditions

- Permanent Supportive Senior Housing
- Medical Respite
- FQHC Satellite Medical and Behavioral Wellness Clinic

City of Alameda – Homeless and Vulnerable Residents

- Resource Center



Project Site: Existing Conditions



View Across Street to Crab Cove



View from McKay Avenue



Former WW II Maritime Officer Training
Recently USDA inspection facilities

- 3.65 acres
- 5 buildings - 72,049 square feet

93 parking
spaces

Assesory Buildings
8, 9, 10 & 13

Building 2C

Building 2D

Building 2B

Building 2A

Building 1

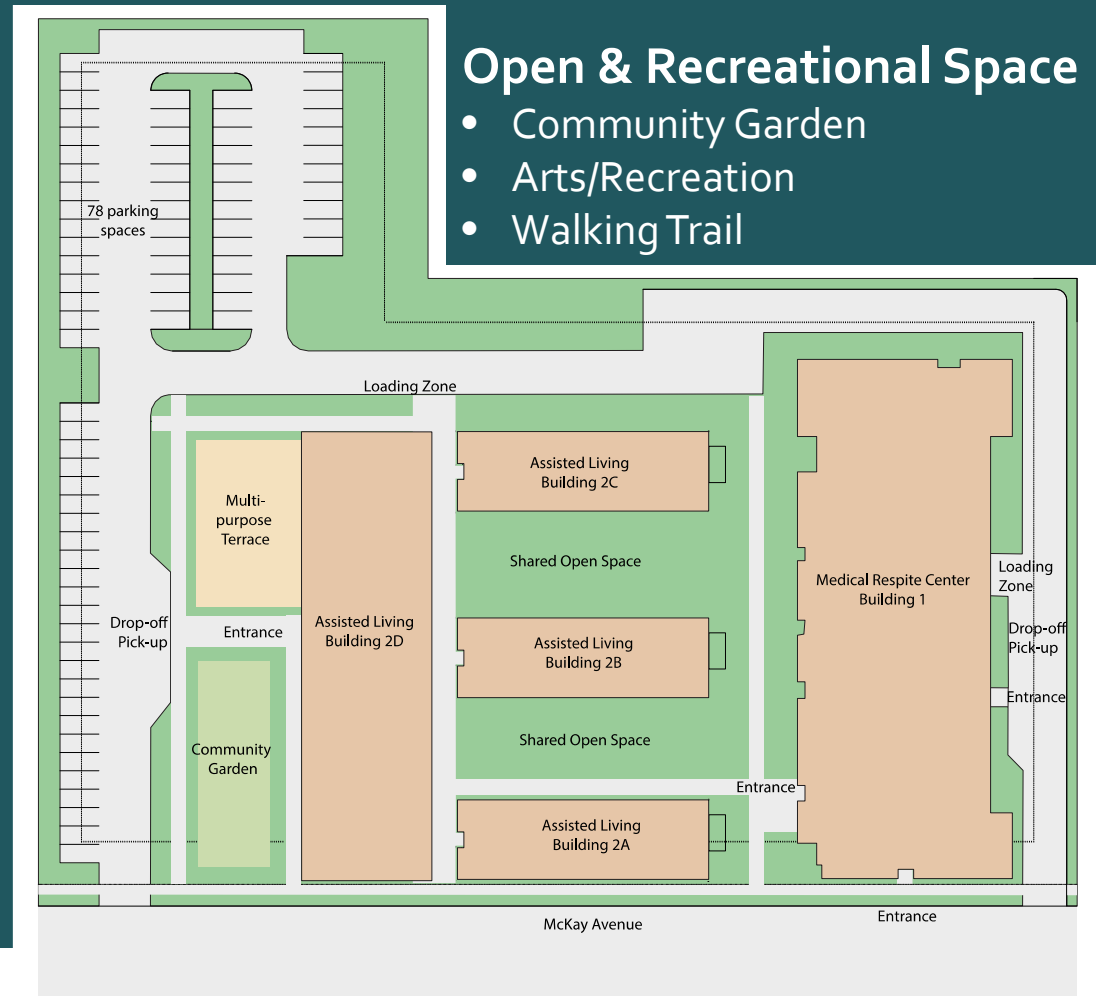
Project Site: Approved Concept

Building 1

- FQHC Satellite Medical and Behavioral Wellness Clinic
- 50 Medical Respite beds
- Resource Center and Coordinated Service Entry (housing linkages)
- Common Spaces

Building 2

- 90 Assisted Living units
- Supportive Services
- Kitchen/Dining Hall
- Common Spaces



Senior Services

90 beds for Vulnerable and Homeless Elders with Enriched Supportive Services

- Supportive and Elder Services
- Recovery and wellness programs
- On-site health care
- Assistance with personal care – activities of daily living
- Palliative/end-of-life care
- Healing options - art, community gardening, yoga and acupuncture

Medical Respite

50 bed Safe and Restorative Environment for Recuperation

- Service access 24/7
- Medical and behavioral care provided on-site by on-site health center
- Intensive housing placement
- Linkages to primary care health home
- Three nutritious meals daily
- Holistic health services



Supporting healing and improved health for high medical acuity conditions

Resource Center

Drop-in Center for City of Alameda Residents Experiencing a Housing Crisis or Homelessness

- Advocacy and case management
- Intensive housing search and links to other services
- Essential supplies
- 7-10 clients per day, limited hours, no waiting, no lines

Housing + Health Care + Services = Beneficial Outcomes



BENEFICIAL OUTCOMES



Improves

- Quality of life (physical and mental health, life satisfaction, social networks)
- Housing stability for older homeless adults
- Trusting relationships with health providers
- Resolution of acute conditions
- Stabilization of chronic conditions
- Health-promoting activities
- Utilization of primary care



Reduces

- Exposure to infectious and traumatic incidents
- High-risk behaviors
- Premature and difficult deaths
- Cycle from shelter/streets to acute care
- Unnecessary readmissions, Emergency Department utilization and length of patient stays

Medical Respite – Reducing Health Costs

SACRAMENTO

\$1.07 million total
annual cost avoidance
for 119 patients

CHICAGO

Average reduction of
4.7 hospital stay days
(12-months of follow-up)

BOSTON

50% reduction
in readmission
(90 days post-discharge)

SAN DIEGO

\$800,000 total annual
cost avoidance for 20
patients

CINCINNATI

\$6.2 million annual
cost avoidance for
three hospitals

PORTLAND

\$3.5 million cost
avoidance over three
years for one hospital

Milestones

1. HHS – Gained conditional approval of no-fee conveyance for property 12/17
2. Environmental Assessment – no significant impact 5/18
3. Selection of Development Partner
4. Initial Project Funding
5. Site control of 5 buildings and 3.6 acres of land
6. Project Team
7. Community Engagement