# Alameda Center Senior Housing & Medical Respite

# Service Challenges

### Homeless individuals face:

- Risk of dying alone on the streets
- Poor health due to chronic stress, hunger, assault, poor sanitation and exposure to elements and infections
- Illness that may have led to job loss & homelessness
- Challenges managing health conditions, such as diabetes and heart disease
- Life expectancy typically 20 years shorter than general population
- Isolation, stigma, loss of family and friends

## Service gaps:

- Poor integration between housing and medical/social services
- High cost and inefficient health care system for homeless patients, who tend to use emergency services for medical care and have longer hospital stays
- Limited recuperative care for homeless individuals with high medical acuity
- Unnecessary and costly institutional care for some elders who could live more independently



# Alameda Point Collaborative (APC)

An Alameda nonprofit, APC has helped hundreds of families overcome homelessness through supportive housing, children & youth programs, and employment initiatives. APC has been awarded federal surplus property near Crab Cove for the proposed project.

# Caring for Vulnerable Elders & Homeless Individuals with Health Conditions in Alameda County

Nonprofit, public and health care partners working together to create a Center to care for homeless seniors and individuals with acute medical needs

# **Proposed Center**

Senior Housing – 80-90 units of senior housing and care for homeless and medically vulnerable elders. Case management, primary medical care, mental health services, assistance with activities of daily living, peer support, social and wellness programs, and palliative care.

Medical Respite – 50-bed recuperative care program providing compassionate and cost-effective care for homeless adults departing hospitals or undergoing intensive medical treatment. 24/7 medical care, mental health services, case management with linkages to housing, health and community resources. Focus on resolution of acute issues and stabilization of chronic conditions.

**Primary Care Health Clinic** – on-site medical and mental health clinic.

Resource Center – outreach, support and emergency supplies for City of Alameda residents experiencing homelessness or a housing crisis. Housing placement services to connect clients to safe and suitable housing.

#### **Beneficial Outcomes**

**Clients** will improve their health, housing status and quality of life in a dignified and supportive community environment.

Health care providers will improve homeless patient health outcomes and attain cost savings through reduced hospital readmissions, emergency room utilization & unnecessary skilled nursing placements.

The **surrounding neighborhood** will benefit from the transformation of vacant buildings into well-designed, landscaped and attractive facilities.

City of Alameda and Alameda County will expand resources for vulnerable residents and attain cost savings across systems (police, ambulance, mental health, hospital and long-term care).

#### **Project Contacts**

Doug Biggs, APC Executive Director dbiggs@apcollaborative.org

Bonnie Wolf, Project Manager bwolf@apcollaborative.org

www.caringalameda.org